

CHEESE AND ONION PLAIT



Ingredients

1 Packet frozen or fresh ready made puff pastry

100 – 150g (4 - 6oz) cheese

1 small onion

1 egg

Flour for rolling out

Method

Preheat oven to gas 6/200°C

Grate cheese and chop onion and beat egg

Mix cheese, onion and egg

Roll out pastry into an oblong & trim edges

Lay filling down the centre

Cut strips and damp edges with water

Plait Strips – folding in top and bottom edges

Bake on a tray for 20 – 30 minutes

